

#### METTRE EN LUMIÈRE LES SOLUTIONS

CHAIRED BY/ PRÉSIDÉ PAR

The Canadian Academy of Geriatric Psychiatry Académie canadienne de psychiatrie gériatrique

STEERING COMMITTEE/ COMITÉ DE DIRECTION

Alzheimer Society of Canada Société Alzheimer du Canada

Canadian Association for Community Care Association canadienne de soins et services communautaires

CARP-Canada's Association for the Fifty-Plus CARP-l'association canadienne des plus de 50 ans

Canadian Association of Social Workers Association canadienne des ravailleuses et travailleurs sociaux

Canadian Caregiver Coalition La coalition canadienne des aidantes et aidants naturels

Canadian Geriatrics Society Association de gériatrie du Canada

Canadian Mental Health Association Association canadienne pour la santé mentale

Canadian Nurses Association Association des infirmières et des infirmiers du Canada

> Canadian Psychological Association Société canadienne de psychologie

Canadian Society of Consulting Pharmacists Association canadienne des pharmaciens consultants

College of Family Physicians of Canada Collège des médecins de famille du Canada

Health Canada - advisory Santé Canada - consultatif

## ANADIAN COALITION FOR SENIORS MENTAL HEA

To promote seniors mental health by connecting people, ideas and resources.

## COALITION CANADIENNE POUR LA SANTÉ MENTALE DES PERSONNES ÂGÉES

Promouvoir la santé mentale des personnes âgées en reliant les personnes, les idées et les ressources.

## REPORT FROM THE CO-CHAIRS

By: Drs David K. Conn and Kenneth LeClair

Just weeks ago, the CCSMH Steering Committee, held its Annual Meeting in order to review the work completed by the CCSMH in 2004, and to plan for the next year and beyond. What was clearly evident at the meeting was the continued growth of the CCSMH and the variety of successes that have been achieved within a very short period of time. This edition of the Newsletter has been dedicated to describing the key successes over the past year and to ensure that CCSMH members are aware of the tremendous achievements in 2004.

In addition to the many members who continue to take a strong interest in seniors' mental health and who support the CCSMH through participating in initiatives and the dissemination and sharing of information, we could never have accomplished so much, without the dedication and energy of the Steering Committee Members. We want to take this opportunity to formally acknowledge the countless hours that the following individuals have enthusiastically committed to the CCSMH.

#### **CCSMH Steering Committee**

Canadian Academy of Geriatric Psychiatry Canadian Academy of Geriatric Psychiatry

Alzheimer Society Canada

Canadian Association for Community Care

Canadian Association of Retired Persons

Canadian Association of Social Workers

Canadian Caregiver Coalition Canadian Geriatrics Society

Canadian Healthcare Association

Canadian Mental Health Association

Canadian Nurses Association

Canadian Psychological Association

Canadian Society of Consulting Pharmacists

College of Family Physicians of Canada

Health Canada - advisory

Project Director: 2002-March 2004 Executive Director: April 2004 – Current Dr. David Conn (co-chair)

Dr. Ken Le Clair (co-chair)

Ms. Ilona Horgen

Dr. Joan Campbell

Ms. Judy Cutler

Ms. Marlene Chatterson

Ms Esther Roberts

Dr. David Hogan

Mr. Allan Bradley

Ms. Katherine Youngblut / Ms. Bonnie Pape

Dr. Sharon Moore

Dr. Maggie Gibson/Dr. Venera Bruto

Dr. Norine Graham Robinson/Dr Margot Priddle

Dr. Chris Frank

Dr. Louise Plouffe

Ms. Shelly Haber

Ms. Faith Malach

Though our past year has been a great success, we have another exciting year already in progress. We welcome and encourage you to

become involved with the CCSMH and look forward to our continued collaboration across the country.

## EXECUTIVE DIRECTOR'S REPORT

By: Faith Malach

Although the spring is only slowly beginning to replace the recent wintery weather, this has had no impact on the planning and progression of projects that will take the CCSMH into the spring, summer and fall of 2005. Our inspiring and outstanding CCSMH co-chairs, Dr. David Conn and Dr. Ken

Le Clair, continue to lead our group forward towards further strategic growth and collaboration across Canada.

As mentioned by the CCSMH co-chairs, a recent Annual Steering Committee Meeting was held.

continued

One key item discussed at the meeting was the engagement and needs of the CCSMH Members. As you will agree, it is essential that members needs and satisfaction are assessed on an ongoing basis. For this reason, plans are in progress to engage CCSMH members in feedback and to consider opportunities to further meet the CCSMH Mission – To connect people, ideas and resources. As always, I encourage you to contact me at any time to discuss how the CCSMH can best meet your needs and collaborate with you and your organizations around seniors' mental health issues.

In addition, I am pleased to share that there was unanimous agreement for the need to create a new CCSMH group that would involve Provincial member organiza-

tions. This Provincial Affiliate Group would enhance the opportunity for provincial member groups to work closely with the CCSMH in order to provide feedback, collaborative opportunities and further engagement. If your organization would be interested in participating in this group, please don't hesitate to contact me to discuss further

As you will read in this newsletter edition, there are many projects that continue to evolve and progress. Your participation and interest contributes to the growth and strength of the CCSMH. I encourage you to become further involved in the CCSMH initiatives and look forward to meeting and speaking with you as we move forward into the warmer months ahead.

## CCSMH NEWS & UPDATES

Since its inception in 2002, the CCSMH has not only grown substantially in number, but also has succeeded to accomplish strategic initiatives and project activities in the following areas:

- ADVOCACY RESEARCH CAREGIVING HUMAN RESOURCES EDUCATION
- ASSESSMENT & TREATMENT ENVIRONMENTAL DESIGN BEST PRACTICES.

The following provides a brief summary on the key successes and CCSMH Strategic Initiatives that have taken place between January and December 2004.

#### STRATEGIC INITIATIVE: NATIONAL GUIDELINES

In October 2004, the CCSMH submitted a proposed amendment to the current Health Canada, Population Health Fund grant. Approval was provided for funding, for the creation of National Guidelines for seniors' mental health.

The project goal and objectives are to lead and facilitate the development of evidence-based recommendations for best-practice guidelines in key areas of seniors' mental health. Guidelines will be created for the following four areas:

- Suicide -Assessment and Prevention
- Depression Detection and Treatment
- Delirium Assessment and Intervention (including its relationship with complex / concurrent conditions)
- Mental Health Issues in LTC (with a focus on mood and behavioural problems)

F. Malach and Dr. D. Conn (chair of the National Guideline Project) are currently in the process of identifying and formalizing co-leads, group members and process for each of the four (4) guidelines that will be created. To date, the following group memberships have been confirmed:

#### **DEPRESSION**

- Marie-France Tourigny-Rivard Confirmed Co-chair
- Diane Buchanen Confirmed Co-Chair
- Allister Flint Confirmed Consultant
- Chris Frank -Confirmed Group Member
- Nathan Hermann Confirmed Group Member
- Phillippe Cappelliez Confirmed Group Member

#### SUICIDE

- Adrian Grek Confirmed Co-chair
- Sharon Moore Confirmed Co-Chair
- Gayle Vincent Confirmed Group Member **DELIRIUM**
- David Hogan Confirmed Group Member
- Jane McKusker Confirmed Consultant
- Deborah Burne Confirmed Group Member
- Martin Cole Confirmed Consultant MENTAL HEALTH ISSUES IN LTC
- David Conn Confirmed Co-chair
- Maggie Gibson Confirmed Co-chair
- Ken Le Clair Confirmed Consultant
- Sid Feldman Confirmed Group Member ADDITIONAL CONSULTANTS
- Penny MacCourt Confirmed Consultant on Psychosocial aspects of the guidelines
- Esther Roberts Confirmed Consultant on Consumers and Caregiver aspects of the guidelines

Each of the guidelines will be drafted by September 2005 and shared in full day workshops at the Best Practices Conference. Recommendations and feedback will be synthesized and formal recommended guidelines will be presented to Health Canada by the end of December 2005.

For more information on the guideline initiative or to become involved in the project, please contact Faith Malach at fmalach@baycrest.org.

#### **BEST PRACTICES CONFERENCE 2005**

Planning for the National Best Practices Conference: Focus on Seniors' Mental Health continues to progress on schedule. The two-day conference will take place on September 26th and 27th 2005 in Ottawa, Ontario at the Crowne Plaza Hotel.

The conference will provide the opportunity for sharing of knowledge through a structure that includes keynote speakers, paper sessions, a poster & member exhibit and workshops. The program is in the progress of being formalized but will follow the structure below.

Day 1 Keynote – Senator Michael Kirby Keynote – Dr. David Conn

Themed Sessions (attendees to choose 3):

- Key Clinical Syndromes Service Delivery Health Prevention/ Promotion Caregivers Environment
- Policy Education Poster Session

Full Day Workshops (Day 2):

Review of proposed National Guidelines including:

- Suicide Delirium Depression Mental Health Issues in LTC • Planning and Advocacy • Caregivers • Raising Awareness and Stigma Reduction • Service Delivery
- Members' Exhibit

Thank you to those individuals who submitted paper session and poster abstracts. Notification of acceptance took place in early April.

REGISTRATION FEES:	BEFORE JUNE 30/2005	AFTER JUNE 30/2005	ON-SITE PAYMENT
ONE DAY			
Regular Registration	\$150	\$175	\$200
Fellow/Resident/Student	\$100	\$100	\$100
Group Discount (6 or more)	\$125	\$150	N/A
TWO DAY			
Regular Registration	\$275	\$325	\$350
Fellow/Resident/Student	\$125	\$125	\$125
Group Discount (6 or more)	\$250	\$300	N/A

(Registration fees includes GST, breakfast, lunch, refreshments and conference materials)

A limited block of rooms have been put on hold at the Crowne Plaza Hotel in Ottawa for the rate of \$129 plus tax per day. The group reference code is CMH. In addition, please visit the CCSMH website (www.ccsmh.ca) for further information on Air Canada and VIA Rail discounts.

Fundraising & Sponsorship is welcomed and encouraged by

CCSMH member organizations to support the conference.

Poster and Member Exhibit Submissions may still be received. For more information please email Jennifer Mokry at jmokry@baycrest.org.

For more information on the conference, please visit the CCSMH website (www.ccsmh.ca) or contact Faith Malach at fmalach@baycrest.org.

#### CCSMH PAMPHLETS AND FACT SHEETS

In the past 12 months, over 600 pamphlets and fact sheets have been distributed. Pamphlets and Fact Sheets are distributed to all new CCSMH members with a welcome letter and package. In addition, several requests are received for pamphlets and fact sheets from organizers of conferences,

community events and meetings. Finally, materials are provided to funding bodies, policy makers and any relevant group or individual that the CCSMH is partnering with. If you or your organization would like to request CCSMH pamphlets, please email fmalach@baycrest.org.

#### CCSMH NEWSLETTER

The newsletter is distributed electronically to over 80 organizations and 450 individual CCSMH members. In addition, newsletters are provided to consumers, in hard copy when requested. Three newsletters were sent out to members in the past 12 months. Members continue to be

sent emails requesting updates, information or conference postings. If you or your organization would like to have relevant information, updates, conference dates or resources listed in the CCSMH newsletter, please contact Faith Malach at fmalach@baycrest.org.

#### CCSMH RESEARCH WORKSHOP:

On September 20th and 21st 2004, 47 key stakeholders gathered in Toronto, Canada for a two-day Research Workshop entitled "Setting Strategies for Research, Partnership and Knowledge Transfer"

Through a combination of speakers, plenary sessions and small group work sessions, the Research Workshop participants accomplished the following:

- The CCSMH pre-workshop environmental scan document was reviewed and outstanding gaps and information were determined.
- Consensus was reached on major research themes pertinent for seniors' mental health
- Agreement on principles that could be used for setting funding priorities in the area of seniors' mental health research
- Participants identified key barriers in Canada that prevent the enhancement and advancement of seniors' mental health research
- Participants identified key opportunities and enablers to creating an enhanced seniors' mental health

- research environment in Canada. Action plans and identification of project leads were noted
- Unanimous agreement was reached to create the "Seniors' Mental Health Research Network" under the auspices of the CCSMH. Planning for this strategic initiative is underway.

In December 2004, summary notes and a PowerPoint presentation on workshop outcomes were distributed to all Research Workshop participants. Currently, F. Malach and D. Hogan (chair of the Research Workshop Project) are working to finalize the Research Workshop final report and recommendations that will be disseminated to relevant stakeholders over the upcoming months. In addition, a new Seniors' Mental Health Research Network, chaired by D. Hogan and facilitated through the CCSMH is in its initial planning stages. Special thanks to Health Canada, Population Heath Fund, The Max Bell Foundation, CIHR (IA & INMHA) and the CHSRF for supporting this important initiative. For more information, please contact Faith Malach at fmalach@baycrest.org.

#### STRATEGIC INITIATIVE: EDUCATION -MATERIALS FOR INFORMAL CAREGIVERS OF SENIORS & FRONT LINE WORKERS

To date, approximately 1750 of each educational material catalogue have been distributed across Canada. Receipt of evaluations from the catalogues, indicate satisfaction and the perception that the catalogue is meeting an unmet need. Due to increasing numbers of requests

for the education material, an additional 1000 of each catalogue has been reordered to meet CCSMH member requests. If you or your organization would like to request educational materials, please email fmalach@baycrest.org.

#### MEDIA, ADVOCACY EVENTS AND POSITION PAPERS

The CCSMH participated in multiple advocacy initiatives including:

- Assisting TVO in the planning of their Aging Series. D.
  Conn appeared on one show specific to suicide and
  aging. Following each show, the CCSMH received multiple calls from the community.
- Position papers with recommendations were created for:
  - LTC legislation in Ontario
  - Home Care and Mental Health
  - Ontario Best Practices Conference

- Future Planning for Those Affected by Alzheimer Disease and Related Dementias Think Tank
- CCSMH Poster Presentation to the Ontario Hospital Association
- Submissions accepted to Canadian Psychological Association and Ontario Psychological Association for a workshop/ discussion session
- CAGP presentation on the CCSMH Research Workshop
- New relationship with Caregiver Newsmagazine
- Participant in Mental Illness Awareness Week (MIAW)

#### STRATEGIC INITIATIVE: ASSESSMENT AND TREATMENT GROUP

Under the Chairmanship, of Dr. K. Le Clair, the CCSMH Assessment and Treatment Subcommittee reestablished project goals and objectives during the summer/fall of 2004. Currently, the group is finalizing a pilot survey that will be disseminated in the spring of 2005. The survey will focus on:

- What assessment tools are being used by front line workers and what is being assessed?
- Are the assessment tools critical in determining positive outcomes for the patient?
- What are the most critical issues for success with

regards to assessment?

- What are the barriers or challenges with regards to assessment (tools, process, policy)?
- What do front line workers need to assist them in flagging and identifying mental health issues?

Next steps include finalizing, translating and disseminating the survey. A workshop at the Best Practices Conference will tie into the work being completed by this group. If you are interested in participating in this exciting project, please contact Jennifer Mokry at jmokry@baycrest.org.

#### CCSMH WEBSITE

The CCSMH website ( www.ccsmh.ca ) was launched in 2004. To date, over 64,500 hits have been received. If you or your organization would like to post informa-

tion or a link on the CCSMH website, please email Jennifer Mokry at jmokry@baycrest.org.

#### STUDENT INTERNSHIP

Congratulations to Jennifer Mokry who began her University of Toronto, Master of Social Work student internship with the CCSMH in September 2004. Jennifer will be completing her placement in mid-April and has accepted a contract with the CCSMH until December 2005.

#### CANADIAN HEALTH NETWORK – ADVISORY NETWORK

The CCSMH was asked to participate as the representative body for seniors' mental health on the Canadian Health Network – Advisory Network. A formal evaluation report of the CHN Resource Collection for seniors'

mental health was conducted by the CCSMH and submitted recently. A frequently asked questions sheet is currently being completed by the CCSMH.

#### **MEMBERSHIP:**

The CCSMH Membership has grown by 152 in the past year. Further information on membership is detailed below:

#### **NEW MEMBERS:**

- 111 new members from Ontario
- 10 new members from Quebec
- 12 new members from Alberta
- 4 new members from Manitoba
- 8 new members from BC
- 2 new members from New Brunswick
- 2 new members from Nova Scotia
- 2 new members from Newfoundland
- 1 new member from Nunavut

#### **NEW ORGANIZATION MEMBERS:**

- Caregiver Newsmagazine
- Colonel By Retirement Residence
- Fair Haven United Church Homes
- Solidage Research Group
- Tri-County Mental Health Services
- Upper Island Geriatric Outreach Program, St. Joseph's Hospital, BC
- Chinook Health Region
- Toronto Rehabilitation Institute
- Providence Health Care
- TV Ontario

CCSMH membership is free. If you wish to become a member of the CCSMH, email fmalach@baycrest.org.



## SUBMISSIONS BY CCSMH MEMBERSHIP

# CAMH HEALTHY AGING PROJECT: DEVELOPING RESOURCE MATERIALS AND TRAINING FOR SERVICE PROVIDERS WHO WORK WITH OLDER ADULTS

The purpose of the Centre for Addiction and Mental Health's Healthy Aging Project is to develop training and resource materials on mental health and substance misuse issues in older adults for those who work with older adults in Ontario and beyond.

Specific objectives are to:

- increase the knowledge, comfort and confidence in working with older adults who may have mental health, substance use and/or gambling related problems
- increase provider's skills and abilities specific to their positions and settings
- remove barriers to services
- contribute to improving community response to older adults with these problems.
- highlight diverse groups of older adults and their distinct needs

Project outcomes will be:

- a stand alone comprehensive resource manual for health and social service providers who work with older adults about mental health, substance misuse, gambling and concurrent problems in older adults, and
- several training modules that will be launched simultaneously as part of a training strategy in late 2006.

This new material forms a "suite" of training options and publications that will be mutually complementary and will include the existing CAMH publication Choosing to Change, and an upcoming booklet for workers and volunteers titled Responding to Older Adults with Mental Health and Addiction Challenges. Two new public information brochures are also forthcoming, one on substance use and another on mental health issues in older adults. The project is being developed by an interdisciplinary team within CAMH and with external advice, consultation and review from others in the field.

# "QUESTIONS FROM THE FIELD: A PRACTICAL RESOURCE MANUAL ABOUT MENTAL HEALTH, SUBSTANCE USE AND GAMBLING ISSUES FOR THOSE WHO WORK WITH OLDER ADULTS"

This Resource Manual will provide information, tools, resources, best practices and community strategies about how to respond effectively to older adults who may have mental health, substance use or gambling problems, or a combination of problems, sometimes known as concurrent disorders. This resource is designed for service providers who work with older adults in a variety of settings including long-term care homes, housing and retirement facilities, and in the community. It is directed at those in a wide variety of both paid and volunteer positions: frontline workers, nurses, heath care aids, personal support workers, meals on wheels volunteers, occupational therapists or physiotherapists, counselors, housing superintendents, home support workers, administrators, managers, educators, planners, and policy makers. This manual will be a useful resource for mental health and addiction organizations as well as a curriculum resource for post secondary programs in health and social service disciplines.

The Manual will be produced by CAMH in 2006 as a

three-ring binder presenting comprehensive background information, key concepts, using case studies and applicable tools such as FAQ's, checklists, questionnaires and brief tips that can be re-produced. Several authors including Charmaine Spencer of the Canadian Seeking Solutions Project, are writing original material, and some existing material will be reformatted for the manual with acknowledgements and copyright permission. It will be prepared in full as a web resource, as well as being made available for a reasonable cost as a hard copy manual.

#### **TRAINING**

Several training modules will be developed to address the learning needs of the various target groups of service providers, including mental health and addiction service providers, and senior-serving organizations. A strategy to best provide training to the multiple audiences is being developed.

For more information or if you are interested in contributing to the development of this project contact: Jennifer Barr, Project Lead, Jennifer\_Barr@camh.net

#### BEST PRACTICE GUIDELINES FOR OLDER ADULTS WITH DELIRIUM, DEPRESSION AND DEMENTIA

The Registered Nurses Association with funding from the Ontario Ministry of Health and Long Term Care has produced and published two pivotal Best Practice Guidelines for nurses practicing in acute, community and long term care settings to facilitate appropriate screening and care strategies for older adults experiencing delirium, depression and dementia. The "Screening for Delirium, Dementia and Depression in Older Adults" best practice guideline, published in 2001 was established to enhance mental status assessment in clinical nursing practice.

The most recent best practice guideline "Care Strategies for Older Adults with Delirium, Depression and Dementia" was published in June 2004 to provide nurses with researched care approaches for older adults (65 years and older).

In January 2003 the RNAO convened a meeting of selected nurses and researchers with expertise in practice, education, gerontology and geriatric mental health to develop the Best Practice Guideline. The panel decided to develop a single guideline with respect to delirium, depression and dementia based on the frequency of symptomatology overlap and co existence of these conditions that can present simultaneously and may require application of various mental status assessment and concurrent care strategies.

A search of the literature for systemic reviews, clinical practice guidelines, relevant articles and web site resources was conducted. Clinical practice guidelines related to geriatric mental health were identified and a quality tool utilizing the Appraisal of Guidelines for Research and Evaluation Instrument (AGREE

Collaboration, 2001) was facilitated. Subgroups with respect to delirium, depression and dementia reviewed the relevant research documents and additional resources to draft recommendations for nursing intervention. A consensus draft was submitted to external stakeholders for review and feedback prior to publication.

The "Care Strategies" guideline describes interventions that address the specifics of Delirium, Depression and Dementia with respect to differentiation of presentation, risk factors and intervention strategies based on established tenents of care. Detailed resources for assessment, intervention, protocol, policy and education are provided and referenced.

The guideline directs key recommendations for:

- (1) Nursing practice: all nurses to assess and provide intervention for all three conditions:
- (2) Education: to educational institutions and organizations to support implementation of the guideline in clinical settings
- (3) Organization and Policy: directed to practice settings to facilitate nursing best practice;
- (4) Evaluation and monitoring: the impact of best practice. These best practice guidelines provide a foundation for clinical nursing practice to address the complexities of assessment and individualized care strategies for older adults experiencing delirium, depression and dementia across the health care continuum.

To view these best practice guidelines on line access www.rnao.org and link to best practices. For further information, please contact Deborah Burne at Deborah.Burne@sympatico.ca

## WEB SITES, INITIATIVES AND STUDIES OF INTEREST

The Research Potential of Mental-Health Social Workers: A Qualitative Study of the Views of Senior Mental-Health Service Managers.

Niall McCrae, Joanna Murray, Peter Huxley, and Sherrill Evans

Br. J. Soc. Work. 2005; 35(1): p. 55-71. http://bjsw.oupjournals.org//cgi/content/abstract/35/1/55?ct

#### Aging with a developmental disability.

This document is the first of a new series called "Seniors on the Margins", published by the National Advisory Council on Aging. The series will examine the situation of Canadian seniors, who, because they are not part of the majority, may not have access to the resources needed to age in comfort and health. In each paper of this series, NACA will examine the causes and key issues of marginalization and proposes strategies and recommendations.

http://www.phac-aspc.gc.ca/seniors-aines/naca/margins/disability/index.htm

Depression and Comorbid Illness in Elderly Primary Care Patients: Impact on Multiple Domains of Health Status and Well-Being.

Polly Hitchcock Noël; John W. Williams, Jr,; Jürgen Unützer; Jason Worchel; Shuko Lee; John Cornell; Wayne Katon; Linda H. Harpole; Enid Hunkeler. Annals of Family Medicine 2(6) 555-562, 2004

#### CALL FOR PAPERS

# The BCPGA Annual General Meeting and Conference - June 2, 3 & 4/05 Coast Westerly Hotel, Courtenay. BC.

The conference committee is requesting submissions for presentations at our upcoming conference.

The theme for the conference is "RISKY BUSINESS".

Risk is described as the interrelationship of three elements: risk factors, resources, and life experiences. For professionals assessing and addressing risk it is often a matter of balance between these elements and the wishes of our clients, their family, community and the system as a whole. In many cases, the probability of risk, can be modified by the individual's life experiences and available resources. The conference will focus on this more positive and preventative approach to risk.

Please send by post or email: a brief outline (100 words) including title, length of presentation, content, who should attend and what they can expect to learn. Please include contact information.

RETURN TO: Sandie Somers Conference Chair, Geriatric Outreach Program 2137 Comox Ave, Comox, BC. V9M 1P2 • ssomers@sigh.hnet.bc.ca

For further information call 250-339-1440

## **CONFERENCE WATCH!**

#### Designing Health Care for Older Adults - 13th Gerontology Institute

May 2-6 2005 Calgary, Alberta jhartley@mtroyal.ca

#### **Canadian Geriatric Society**

May 27th - 29th 2005, Halifax, Nova Scotia www.canadiangeriatrics.ca

#### Sixth National Shared Mental Health Care Conference

June 10 - 12, 2005. Ottawa, Ontario clefebvr@uottawa.ca

#### 2005 National Clinical Geropsychology Conference

June 30-July 3 2005, Colorado Springs, Colorado www.uccs.edu/~lases/Gero2005.htm

#### Canadian Coalition for Seniors' Mental Health

September 26th and 27th 2005, Ottawa, Ontario jmokry@baycrest.org

#### Third Canadian Colloquium on Dementia

October 27 - 29, 2005, Ottawa, Ontario www.ccd2005.ca

### **MEMBERSHIP**

The CCSMH currently has well over 450 individual and 80 organizational members. Membership is free. Any organization or individual interested in becoming a member of the CCSMH should contact Faith Malach. It is anticipated that members will work in the field of seniors'

mental health or have an interest in seniors' mental health issues. A member may represent providers, consumers, policy makers, education or research organizations. Members must also be interested in making a positive change to the field of mental health.

Questions, comments or suggestions for newsletter items are always welcome.

Please contact the Executive Director, Faith Malach at fmalach@baycrest.org or at 416.785.2500 x6331







