

CCSMH 4th National Conference

September 27th & 28th, 2010, Halifax, NS

Save the Date!! The CCSMH is pleased to announce its 4th National Conference, **“Connecting Research & Education to Care in Seniors’ Mental Health”** which will be held in Halifax, Nova Scotia on September 27th & 28th 2010 at the Westin Nova Scotian.

The Call for Abstracts is now open and the CCSMH is seeking abstracts for paper sessions, workshops and poster sessions in the following theme areas:

- New research findings
- Models of care and service delivery
- In-service education and training
- Health promotion and illness prevention
- Anti-stigma initiatives
- Role of the caregiver and person with lived experience
- Knowledge transfer and exchange
- Implementation of best-practice guidelines

The call for abstracts closes Friday December 18th 2009. Details and submission instructions can be found at <http://www.ccsmhevents.ca/2010conference>

Additional information including travel and venue updates can be found at www.ccsmhevents.ca. For more information please contact Kim at kwilson@baycrest.org

We look forward to seeing you in Halifax in 2010!





Updates from the Executive Director

Happy thanksgiving from the CCSMH office!

We've been busy this Fall promoting our new educational resources for seniors and their families and we've been overwhelmed with the positive response we've been receiving. Have you seen the new Guides? They can be found online at www.ccsmh.ca and hard copies are available by contacting Sherri at shelsdingen@baycrest.org.

We're also looking for opportunities to showcase the Guides in communities across Canada, through educational sessions, information booths and resource libraries. If you or your organization can help us disseminate the Guides and/or arrange an presentation or information session please contact Kim at kwilson@baycrest.org

At the office we are getting very excited for our 4th National Conference, "Connecting Research & Education to Care in Seniors' Mental Health." We're confident this will be an exciting two day event and we look forward to moving our conference to beautiful Nova Scotia in September 2010. If you are interested in joining our conference planning committee please contact Kim. We're always looking for your input on what makes our events valuable. All of the conference details can be found on our new events website at www.ccsmhevents.ca

The CCSMH would also like to welcome Justyna Zubrowski to the team. Justyna is interning with the CCSMH between September and December 2009 as part of her Adult Development, Families and Well-Being program the University of Guelph. If you would like contact Justyna she can be reached at jzubrowski@baycrest.org

We're also pleased to let you know that the CCSMH has recently been featured in the news! Our new family guides were highlighted in the Sudbury Star and in a radio spot on Radio Centre-Ville. The CCSMH was also highlighted in a Globe and Mail article as part of the special series on mental health "Breaking Through." We're always excited to get the word out about the CCSMH and our dedicated members and volunteers.

That's all for now! Don't forget to send us news from your organization to be included in our next newsletter!

Wishing you a wonderful long weekend,

Kim Wilson





New & Noteworthy!

News from our members

The Alzheimer Society of Canada is looking for your help!

Does your organization have experience or protocols in place that allow dedicated staff time for monthly volunteering in direct care settings? The Alzheimer Society of Canada is exploring such a program and would like to hear from you. If you can share your own experiences please contact Debbie Benczkowski at dben@alzheimer.ca.

Canadian Healthcare Association releases 'New Directions for Facility-Based Long Term Care

The CHA released 'New Directions for Facility-Based Long Term Care' on September 22nd 2009. The report explores the opportunities now before us to transform facility based long term care. Copies of the report are available at www.cha.ca. For more information please contact tneuman@cha.ca.

The Mental Health Commission of Canada launches 'Opening Minds'

Opening Minds, the largest systemic effort in Canadian history to reduce the stigma of mental illness was officially launched on October 2nd in Calgary, Alberta.

The anti-stigma campaign will involve the MHCC carrying out a carefully targeted plan, based on the best available research. In the first year, the MHCC has chosen to target 2 specific groups:

- Youth aged 12 – 18
- Health care professionals

Are you currently involved in an anti-stigma campaign where you work? Does it focus or include seniors? If so the CCSMH wants to know about it!! Please contact Kim at kwilson@baycrest.org so we can share success stories in our future newsletters.



**Mental Illness
Awareness Week**

**Semaine de sensibilisation
aux maladies mentales**

*October 4-10th 2009
is Mental Illness
Awareness Week*





Upcoming Events

**Canadian Research Network
for Care in the Community:
Keep on Rockin': Sexuality
and Aging**

October 20th 2009
Sheraton Parkway Hotel
Richmond Hill

For more information please
visit

www.crncc.ca

**Hope, Health and Healing:
Mental Health Nursing Around
the Corner and Around the
World**

Hosted by the Nova Scotia
Mental Health Nursing
Interest Group

October 21-23, 2009
Halifax, Nova Scotia

www.cfmhn.ca

**Baycrest 9th Annual KLARU
Conference**

**Aging at Home: Connecting
Research and Clinical Care**

Friday October 30th, 2009
Toronto, Ontario

For more information visit:

www.klaru-baycrest.on.ca

**Into the Light:
Transforming Mental Health
in Canada**

presented by the Mental
Health Commission of
Canada, Vancouver Coastal
Health & Simon Fraser
University

November 29 – December 1
2009 Fairmont Hotel,
Vancouver, BC

For more information please
visit

www.intothelightcanada.com

**Long Term Care
Association of Manitoba
presents:**

**Nurturing the Spirit of
Seniors**

May 26, 2009
Victoria Inn & Hotel
Convention Centre
Winnipeg, MB

For Details visit
www.ltcam.mb.ca

**Baycrest–Berkeley
Presents:**

**The 20th Annual Rotman
Research Institute
Conference: The Frontal
Lobes**

March 22-26 2010
Toronto, ON

For more information visit:

www.rotman-baycrest.on.ca or contact
pferreira@baycrest.org

