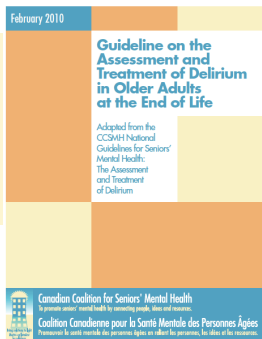


NEW CCSMH RESOURCE!

Guideline on the Assessment and Treatment of Delirium in Older Adults at the End of Life



We're pleased to announce the launch of this new guidelines, which has been adapted from the CCSMH National Guideline for Seniors' Mental Health: The Assessment and Treatment of Delirium.

This Guideline is the culmination of several years of work of many dedicated individuals who have been working tirelessly to review the relevant literature, consult with stakeholders, and create evidence-based recommendations for delirium in older adults at the end of life.

A very special thanks to the development group for these guidelines, particularly Dr. Susan Brajtman, David Wright, and Sherri Helsdingen. Additional members of the development group include Dr. Pierre Allard, Deborah Burne, Dr. Venera Bruto, Dr. Laura Gage, Dr. Pierre Gagnon, Dr. David Hogan and Cheryl Sadowski. A full listing of project contributors can be found on our [website](#).

Funding for this project was provided by the Public Health Agency of Canada, Population Health Fund and the Canadian Institutes of Health Research.

As always this resources is available for free from our [website](#). We encourage you to take a look and let us know what you think! And if you get a chance to use these Guidelines in your teaching, training, clinical or administrative work we're always interested in hearing your experiences.

DOWNLOAD A COPY OF THE NEW DELIRIUM AT THE END OF LIFE GUIDELINE TODAY!





Updates from the Executive Director

Dear CCSMH Members,

I hope you've all been staying happy and healthy this winter season! Our last newsletter was in July 2010 so we have lots to share! Our fall season was busy as we hosted our 4th National Conference in Halifax, Nova Scotia. What a great event! We had over 250 delegates from across the country and internationally and an inspiring collection of presentations, workshops and posters from our members. I want to extend a special thanks to our colleagues in the Atlantic provinces for their warm reception and support in promoting our event.

After returning from our conference we were thrilled to learn that the CCSMH had been selected as the recipient of the 2010 CIHR Institute of Aging Betty Havens Award for Knowledge Translation in Aging. This award recognizes outstanding achievements and excellent in knowledge translation in aging and provides funds to further foster excellent and innovation in knowledge translation activities. We're incredibly honoured to be the recipients of this prestigious award and we can't wait to tell you more about the work we'll be doing with these funds (more to come in our next newsletter). Special thanks to Dr. Maggie Gibson, Dr. Lynn McCleary and Sandra Leung who nominated the CCSMH for this award.

In addition to this work, we're also pleased to be leading a project funded by the Mental Health Commission of Canada focused on anti-stigma strategies in seniors' mental health. In our next newsletter we'll have an update on this project but in the meantime if you have strategies to share please be in touch!

Finally, as many of you will know, our incredibly talented project manager, Sherri Helsdingen, left the CCSMH in August to pursue an exciting new career opportunity. Sherri was an extraordinary member of the CCSMH team and we're still adjusting to her departure. We wish Sherri all the best in her new career and we ask for your patience as we continue our transition at the CCSMH.

That's all for now! Keep in touch – we love hearing from you! And don't forget to interact

with us and  at www.twitter.com/ccsmh and let us know what is important to you and your organization.

All the Best, Kim Wilson





New & Noteworthy!

News From & For Our Members

Introducing the Dementia Knowledge Broker!

The Canadian Dementia Resource and Knowledge Exchange (CDRAKE) team has been working hard over the past several months and we're extremely excited to bring you the **Dementia Knowledge Broker** just in time for 2011!

The Dementia Knowledge Broker, or DKB - www.dementiaknowledgebroker.ca - is a knowledge exchange platform structured to empower people to find and share knowledge and resources, engage in conversation with one another, and to maximize the opportunity for collaboration and co-creation between people, groups and organizations that share a common vision: to help people affected by Alzheimer's disease and related dementias. CDRAKE is hosting this site to provide a space to enhance our connectedness to one another as well as our capacity to work for the collective good.

Through the work of the DKB Editor, Elizabeth Lusk, and more importantly, through the active engagement of folks like yourself, the DKB will help maintain an open dialogue with the CDRAKE community and those who have an interest in dementia and dementia care. This space is where we'll keep you up to date on the latest from the CDRAKE team and greater community. We'll post updates, host guest bloggers, post interviews, share stories and resources, knowledge brokering and productivity tips, as well as some insights into the people and technology in the CDRAKE community.

All of this will be brought to you through a variety of 'discussion venues' on the DKB, including online Knowledge Exchange Events, the Editor's Blog, the Knowledge Broker Q & A, Resource Exchange and Document Collaboration spaces. Liz has been busy blogging about how to get the most out of these dialogue channels – you can check out her posts at <http://www.dementiaknowledgebroker.ca/blog/>. While you are there, feel free to explore and try things out across all points of the DKB platform.

While a significant amount of work and effort has been put into the development of this platform, please consider this site a *work in progress*. So, if you experience what appear to be technical glitches in this beta site, or you have suggestions, please let us know!

Questions? Comments? Ideas to share? You can connect with us in a number of ways:

- Twitter: [@knowdementia](https://twitter.com/knowdementia); <http://twitter.com/knowdementia>
- Facebook: <http://www.facebook.com/pages/Canadian-Dementia-Resource-and-Knowledge-Exchange-CDRAKE/181923015161984>
- DKB: www.dementiaknowledgebroker.ca
- Email the DKB Editor: editor@dementiaknowledgebroker.ca

We look forward to exchanging ideas with you!

The CDRAKE Team





Upcoming Events & Opportunities

Baycrest is pleased to present the Inaugural Conference of the Rotman Research Unit and the Kunin-Lunenfeld Applied Research Unit

NEUROSCIENCE OF EMOTION AND EMOTION-RELATED DISORDERS

March 27-29 2011, Toronto, ON

www.rotman-baycrest.on.ca

16th National Conference on Gerontological Nursing

“To Live is to Age ... Raising the Bar for Excellence”

June 8-11, 2011 Mississauga, ON

www.cgnaconference.ca

12th Canadian Collaborative Mental Health Care Conference

“Charting a New Course to Better Care: Stronger Links between Consumers, Families, and Health Care Providers”

June 23-25, 2011 Halifax, NS

www.shared-care.ca

Canadian Association on Gerontology 40th Annual Scientific and Educational Meeting ... Welcoming the 4th Pan-American Congress of the International Association of Gerontology and Geriatrics

“New Directions for Aging”

October 21 - 23, 2011, Ottawa, ON

Call for Abstracts due March 31st 2011

www.cagacg.ca





Did you know?

You can join Baycrest's Visiting Professor Lecture Series online?

Wednesday March 2, 2011

1:00 - 2:15 p.m. EST

Dr. Carole Estabrooks

"How do we improve quality of life at the end of life?"

Translating Research in Elder Care"

To watch this talk live, or to view archived talks from the series please go to

[<http://www.otn.ca>.](http://www.otn.ca)

Click on Distance Education.

Click on Webcasting Centre.

Click on Live Events.

Session ID 15090460

Upcoming Speakers:

March 11th 2011

Dr. Suzanne Gillespie & Tobie Olsan

March 21st 2011

Dr. Debbie Tolson

March 30th 2011

Dr. Henry Brodaty



It's time to nominate a "Face of Mental Illness"

Nominations for the 2011 Mental Illness Awareness Week *Faces* Campaign are open until March 7th 2011.

The Faces of Mental Illness are ordinary Canadians, of all ages and creeds, who are willing to share their stories about living with a mental illness with Canadians from coast to coast.

Do you know a senior who embodies the message "Recovery is Possible?"



Mental Illness Awareness Week

Nominate them today at www.miaaw.ca

