

Canadian Coalition for Seniors' Mental Health To promote seniors' mental health by connecting people, ideas and resources.

Coalition Canadienne pour la Santé Mentale des Personnes Âgées Promouvoir la santé mentale des personnes âgées en reliant les personnes, les idées et les ressources.

Summer 2010 Edition

www.ccsmh.ca

# EARLY BIRD REGISTRATION ENDS JULY 16th 2010

Canadian Coalition for Seniors' Mental Health 4th National Conference

## Connecting Research & Education to Care in Seniors' Mental Health

September 27&28, 2010, Westin Nova Scotian, Halifax

Join us in Halifax, Nova Scotia on September 27th & 28th 2010 for the 4th National Conference: Connecting Research and Education to Care in Seniors' Mental Health. This jam-packed event features over 100 speakers, 48 paper presentations, 16 workshops, and poster presentations.

#### Exciting keynote presentations include:

Launch of the 2010 Guidelines for Comprehensive Services for Elderly Persons Living with Mental Health Problems

Drs. Marie-France Rivard & Penny MacCourt

Social and Economic Consequences of Age-Friendly Environments: a Global Perspective Dr. Jane Barratt

Supporting Older Adults' Mental Health: Lessons Learned from Age-Friendly Communities in Canada Mayor Eileen Gladstone, Dr. Sherry Dupuis & Ms. Valerie White

### **REGISTER NOW**

### Don't Miss Out on Discounted Registration Rates Available until July 16!

#### Thank you to all CCSMH Conference Sponsors:

- Canadian Dementia Knowledge Translation Network
- Geriatric Medicine Research Unit
- TaxWise Medical / Disability Tax Solutions 1-866-448-2188

The CCSMH 4th National Conference is also supported by the Canadian Institutes of Health Research

If you're looking for a way to connect with decision makers and influencers in the fields of seniors' mental health, look no further. Sponsorship of CCSMH 4<sup>th</sup> National Conference offers the immediate impact and high profile you want. For more information, contact Kim Wilson, Executive Director at 416-785-2500 ext. 6331 or <u>kwilson@baycrest.org</u>.



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## Updates from the Executive Director

Dear CCSMH Members,

I hope you're all having a wonderful summer and enjoying the warm weather we seem to be getting coast to coast to coast!

As you can imagine the CCSMH office is a flurry of activity as we prepare for our upcoming conference. We know that travel budgets our tight but I hope you take a look at our conference website (<u>www.ccsmhevents.ca</u>) and prioritize our event. I'm confident you will find it educational, exciting and inspiring. We're absolutely thrilled with the quality of abstracts submitted, in addition to the exceptional keynote speakers we have lined up.

There are a few other exciting events that will be a part of our conference. On Monday September 27th from 5:30 – 7:30 p.m. we're pleased to work with the Dalhousie Medical Research Foundation to present the **9th annual Kathryn Allen Weldon public lecture: "Why Do People with Alzheimer's Disease Have Good Days and Bad Days? What Does It Tell Us That We Don't Already Know?"** with guest speaker Dr. Kenneth Rockwood. Admission is open to the general public and is included in all registration packages.

On Tuesday September 28th the Seniors Advisory Committee for the Mental Health Commission of Canada will be hosting an open breakfast "Meet 'n' Greet" for conference delegates. And over lunch on Tuesday we'll be launching the newly formed Atlantic Seniors' Mental Health Network.

#### WE NEED YOUR HELP!

Do you work with students? Are you a student member of the CCSMH looking for opportunities to promote your research? Please help us spread the word about our first ever Student Poster Competition at our conference. We'll be accepting abstracts for the student poster competition until July 30th! Don't miss out on this chance to win \$250, boost your CV, and a receive a certificate of recognition. Plus students have a discounted registration rate! For further information visit

#### http://www.ccsmhevents.ca/studentposters.html

I'd also like to take this opportunity to thank Baycrest who recently awarded the CCSMH with their Baycrest Chair's Proud Partner Award based on our strategic goals and our continued collaboration with Baycrest in the exchange and transfer of knowledge. It was truly an honour!! That's all for now – keep an eye out for additional conference news on <u>www.ccsmhevents.ca</u>! Wishing you a wonderful summer!

Best, Kim Wilson



Connections





### **New & Noteworthy!** News From & For Our Members

#### The CCSMH Has loined Twitter!

Are you looking for updates from the CCSMH on a regular basis? Do you want to be the first to know about CCSMH news? Follow us on Twitter and join us to your list of online friends!

FOLLOW US ON CON

www.twitter.com/ccsmh

#### SPECIAL EVENT LISTING

The Brain That Changes Itself: The Neuroplasticity **Revolution for the Helping Professions** Norman Doidge, MD Friday, November 19, 9:00 am to 4:30 pm Metro Toronto Convention Centre

This workshop will demonstrate the core principles of neuroplasticity and its applications. Neuroplasticity is the property of the brain that allows it to change its structure and function through mental experience.

Neuroplasticity can help refine existing practices and approaches in a wide range of settings that include psychotherapy, occupational therapy, rehabilitation, social work and education. Neuroplastic interventions can be applied to a range conditions that include: age-related memory loss, cognitive disorders from stroke and brain injury, chronic pain, sensory problems, and OCD and anxiety disorders.

This is Dr. Norman Doidge's first Toronto presentation for the helping professions. A world leader in explaining neuroplasticity and its many applications, Dr. Doidge is the author of the award-winning and best-selling The Brain That Changes Itself<sup>™</sup>.

#### Full workshop description here.

Register by September 9th for the EarlyBird rate! Sign up with a friend or for more than one of our workshops and get a further multiple registration rate. Up until Sept. 9: \$165/ person (After Sept. 9: \$175)

For 2 or more workshops/ 2-9 people: \$155/workshop (After Sept. 9: \$165). For groups of 10+, contact Angela at angela@leadingedgeseminars.org or call 416-964-1133 for 25% off discount.





#### WORLD SUICIDE PREVENTION DAY (WSPD)

#### SEPTEMBER 10th 2010

Every September 10th people and communities across Canada and throughout the world come together to show their support for suicide prevention and for those whose lives have been affected by suicide. This year the Canadian Association for Suicide Prevention (CASP) has chosen the WSPD theme "What do you know, What do you need to know? What could save a life?"

During World Suicide Prevention week CASP in partnership with "Living Works" is urging all Canadians to take time to learn about suicide, the warning signs, and what to do.

CASP is encouraging all communities to organize events that:

- commemorate World Suicide Prevention Day
- Remember those who died by suicide
- Support those who grieve
- Reduce stigma and draw attention to this important public health issue

CASP has developed materials that can be used by organizations and communities.

Visit

http://www.casp-acps.ca/WSPD.asp

for more information



www.ccsmh.ca



## Upcoming Events & Opportunities

#### Ontario Provincial 2010 Summer Institute August 17-19

Counselling Skills for Concurrent Disorders

Registration is now open!

Visit <u>www.camh.net/education</u> for more information 2010 Canadian Association for Suicide Prevention National Conference

Registration now open for "Communities Addressing Suicide Together"

Dartmouth, NS

October 5-7th 2010

#### visit

#### www.suicideprevention.ca

#### Baycrest Presents the 10th Annual Kunin-Lunenfeld Applied Research Unit (KLARU) Conference

"Clinical Aspects of Frontal Lobe Dysfunction"

Friday October 29th 2010

Toronto, ON

www.klaru-baycrest.on.ca

#### Centre for Education & Research on Aging and Health

ACCEPTING ABSTRACTS FOR:

"Passport to Palliative Care: Journeys and Destinations"

November 3 – 5th 2010

www.cerah.lakeheadu.ca/ palliativecare/call-forpresenters

#### Canadian Conference on Elder Law

#### October 28-30 2010 Toronto, ON

Developing an Anti-Ageist Approach to the Law

http://www.bcli.org/ccel/news/ events/conferences

#### The 26th International Conference of Alzheimer's Disease (ADI)

March 26 - 29, 2011

Toronto, ON

For registration and submission of abstracts please visit

www.adi2011.org





www.ccsmh.ca

