

CCSMH 4th National Conference

September 27th & 28th, 2010, Halifax, NS

Don't forget to save the date:

4th National Conference: Connecting Research & Education to Care in Seniors' Mental Health, September 27 & 28, 2010 in Halifax.

Two special highlights include:

- Keynote presentation on the Mental Health Commission of Canada 2010 Guidelines for Comprehensive Services for Elderly Persons Living with Mental Health Problems and Illnesses
- Launch of a new Atlantic Regional Network for Seniors' Mental Health

The full program featuring over 45 paper presentations and 16 workshops. Visit <http://www.ccsmhevents.ca/2010conference.html>.

REGISTRATION BEGINS IN APRIL 2010!!

SPONSORSHIP OPPORTUNITIES STILL AVAILABLE

Interested in being a sponsor at the CCSMH Conference? Opportunities are still available. This event is an excellent way to showcase your resources and programs to clinicians, administrators, researchers, caregivers, seniors and more! For details please visit <http://www.ccsmhevents.ca/sponsors.html>

For more information please contact Kim at kwilson@baycrest.org

We look forward to seeing you in Halifax in 2010!





Updates from the Executive Director

As spring is approaching we're busy at the office looking towards the Fall of 2010. We're so excited for our upcoming conference and have been thrilled at the high calibre of submitted abstracts. Within the next two weeks our events website (www.ccsmhevents.ca) will have full descriptions of our keynote presentations and workshops. Take a look – we hope you can join us in Halifax on September 27th & 28th! I'm confident it will be a conference you'll enjoy!

We've also been busy continuing to disseminate our seniors and family guides. Thanks for all your help getting them into the hands of those who need them most. In fact, the CCSMH has inventory on a number of our resources. If you need to do some spending before year end why not stock up on hard copies now? Contact Sherri at shelsdingen@baycrest.org if you'd like to place an order (costs range from \$.10 per pocket guides; \$.50 per Family Guide; \$.75 per Guideline; and \$20 per suicide prevention toolkit). A fee of shipping and handling may be applied for large orders. And don't forget all of our resources are available for free at www.ccsmh.ca. We're also adding new bilingual clinician pocket cards on delirium and mental health issues in long term care homes that will be available in April.

As you may know, the CCSMH is working (with Dr. Penny MacCourt) on a project for the Mental Health Commission of Canada, "Guidelines for Comprehensive Services for Elderly Persons Living with Mental Health Problems and Illnesses" which will include national benchmarks.

To ensure the success of this project WE NEED YOUR HELP!! We're looking to include examples of programs / services that currently serve seniors with mental health problems. If you have a program or service that is innovative and you'd like to highlight please email me (kwilson@baycrest.org) a 1/2 page description including:

- who the target population is for the program / service
- the goal of the program / services
- a description of how the model / program / services is delivered
- any evaluation data (if an evaluation has been conducted on the service)

As always, I appreciate your support!

Kim Wilson





New & Noteworthy!

News from our members

Nominate a “Face” of Mental Illness!

Every year in October the Canadian Alliance on Mental Illness and Mental Health (CAMIMH) hosts Mental Illness Awareness Week (MIAW). A key element of the MIAW campaign is the *Faces of Mental Illness*. The “Faces” of mental illness are ordinary Canadians, of all ages and creeds, who are willing to share their stories about living with a mental illness with Canadians from coast to coast to coast.

Do you know a senior who embodies the message “recovery is possible”? Submit a nomination by visiting <http://miaw.ca/en/campaign/nominate.aspx> or emailing faces@miaw.ca.

The nomination period closes April 5th 2010.

Let's help to break the stigma of mental illness and how Canadians that recovery and well-being is a reality for older adults.



**Mental Illness
Awareness Week**

**Semaine de sensibilisation
aux maladies mentales**

The Mental Health Commission of Canada Needs Your Help!!

The Mental Health Commission of Canada needs your help in developing the first-ever mental health strategy for the country. Developed in consultation with diverse stakeholders, “Toward Recovery and Well-Being – A Framework for a Mental Health Strategy for Canada” (November 2009) proposes a vision and goals for **what** a transformed mental health system should look like.

The Commission is now focused on the second phase of the strategy development – examining **how** to achieve these goals. The Commission is now looking for participants for a series of roundtables on key topics, **including seniors**.

The CCSMH is encouraging its members to apply to join these roundtables to ensure that the voices of seniors and those who work them is heard in the strategy development phase.

If you are interested in attending please visit <http://tiny.cc/2VI43> and note that the indication of interest must be received by March 8th, 2010 (closing at 11:59pm PST).

If you have questions or comments please contact mhs@mentalhealthcommission.ca





Upcoming Events & Opportunities

**Demystifying Knowledge
Brokering ~ An Online Event
Hosted by CDRAKE**

Monday March 15th 2010

12:00 – 1:30 p.m EST

**FREE with phone and internet
access**

Register at

www.surveymonkey.com/s/RMNYDTT

**The Alzheimer's Knowledge
Exchange is Hiring!**

Part-Time Knowledge Broker

**For more information and a
copy of the job posting
please email**

kwilson@baycrest.org

**Closing date: March 19th
2010**

**Communities Addressing
Suicide Together**

March 26th 2010

Shearwater, Nova Scotia

davisacmhans@eastlink.ca

**11th Canadian Conference
on Collaborative Mental
Health Care**

May 13 – 15th 2010

Winnipeg, Manitoba

www.shared-care.ca

**National Conference on
Mental Health:**

Thriving in 2010

October 21 – 23rd 2010

London, Ontario

www.thrivingin2010.ca

**Join the CASP Petition for
a National Suicide
Prevention Strategy!**

**To show your support and
sign the petition visit**

<http://nspscnd.epetitions.net>

