

M A Y 2 0 0 8 E D I T I O N

#### Canadian Coalition for Seniors' Mental Health

CONNECTING PEOPLE IDEAS AND RESOURCES

#### www.ccsmh.ca

# Upcoming CCSMH Conference: September 3rd & 4th 2008, Vancouver, B.C.

The CCSMH is excited to co-host a two day conference with the Canadian Academy of Geriatric Psychiatry (CAGP) in Vancouver, British Columbia this Fall. Registration is available today and early bird rates are in effect until July 18th 2008. For registration information visit <a href="https://www.cagp.ca">www.ccsmh.ca</a> or see the attached brochure.

Conference attendees will hear from exciting keynote speakers, including Dr. Marie-France Rivard and will have the opportunity to offer feedback on the new National Strategy for Mental Health in Canada and specifically what is needed for Canadian seniors. Don't miss the opportunity to ensure that seniors are considered during the planning stages of Canada's first mental health strategy.

Where: Fairmont Hotel, Vancouver, B.C.

When: September 3rd & 4th 2008

Who: This conference is open to CCSMH

members and those interested in

the mental health of seniors.

**Special Rates for Students!** 

Register today for Early Bird Pricing!

Contact Sherri Helsdingen shelsdingen@baycrest.org for further information or visit

www.ccsmh.ca

We want to hear from you! What else would you like to the see in the CCSMH newsletter? Do you have information you'd like shared with the CCSMH membership? Have an event you want to promote? We are open to suggestions and changes as well as contributions from our membership for upcoming editions. Please send any contributions, event listings and news stories to kwilson@baycrest.org for inclusion in the CCSMH newsletter series.

# Updates from the Executive Director

Wow, what an exciting two months since our last edition of the CCSMH newsletter went out in April! We've made great progress with our pilot projects and we're thrilled to announce we have received additional funding from the Public Health Agency of Canada to continue this important pilot work until March 2009! Here are some highlights on how the projects are progressing:

- Dr. Marnin Heisel, Dr. Sharon Moore, Dr. Martha Donnelly and the Suicide Prevention Pilot team completed filming of the NEW suicide prevention video in Victoria, British Columbia. The final video will premiere at the CCSMH conference in Vancouver!
- The Ontario Task Force had regional meetings with psychogeriatric resource consultants (PRCs) in Kingston and Kitchener, Ontario as part of the project to implement the Long Term Care Home Guidelines in Ontario's LTC homes.
- Members of the Nova Scotia Seniors' Mental Health Network have presented on the CCSMH Depression and Suicide Guidelines across the province at over 9 presentations!
- Lisa Sokoloff has been hired to coordinate the pilot project at Baycrest, focused on implementing recommendations from the Long Term Care Home Guidelines in three units at Baycrest.
- The team working to adapt the Delirium Guidelines into Palliative Care Settings has been accepted to present on their work at the 17th International Congress on Palliative Care in September 2008.

Besides our pilot projects, we're busy at the CCSMH preparing for the upcoming conference in Vancouver. We hope you can join us there! Other updates from the office include the launch of the "Promoting Seniors' Mental Health in Cancer Care: A Guide for Frontline Providers" document, created with the British Columbia Psychogeriatric Association. Copies will be available on our website soon! Speaking of our website, Sherri has been busy updating <a href="www.ccsmh.ca">www.ccsmh.ca</a> to make it more user friendly and relevant. Take a peek and let us know what you think about the changes! If you have things you would like added to our site please contact Sherri at <a href="mailto:shelsdingen@baycrest.org">shelsdingen@baycrest.org</a>. One more piece of exciting news - Sherri Helsdingen was married on Saturday May 31st! We wish her and her new husband all the best!

That's all for now! More updates to come in the next edition of the CCSMH newsletter.

www.ccsmh.ca



#### CANADIAN COALITION FOR SENIORS' MENTAL HEALTH To promote seniors' mental health by connecting people, ideas and resources

COALITION CANADIENNE POUR LA SANTÉ MENTALE DES PERSONNES ÂGÉES Promouvoir la santé mentale des personnes agées en reliant les personnes, les idées et les ressources

## 2008 Membership Survey

We want to hear from you!

Have you accessed the CCSMH National Guidelines for Seniors' Mental Health? We're looking for feedback on the Guidelines as we move forward with pilot projects across the country. Please take 10 minutes to respond to this important survey and you can be eligible to win a free registration to the CCSMH conference (value \$100). To be eligible please respond by June 30th 2008. To access the survey, please visit

http://www.survevmonkev.com/s.aspx?sm=OhBBmHuzeiECN8p2SaYPFA\_3d\_3d

#### June 15th 2008

#### World Elder Abuse Awareness Day

The International Network for the Prevention of Elder Abuse (INPEA) has designed a resource tool kit to assist individuals and groups to participate in this global event. To access the toolkit or for more information on World Elder Abuse Day please visit

www.inpea.net



#### LIVE WELL, AGE WELL BEULAH SALT SENIORS CONFERENCE

#### June 5th and 6th 2008

Health and Wellness Centre, University of Lethbridge, Lethbridge, Alberta

For conference details visit www.chr.ab.ca

### CANADIAN ASSOCIATION ON GERONTOLOGY 37TH ANNUAL SCIENTIFIC AND EDUCATIONAL MEETING

October 23rd - 26th, 2008

Hilton London, London, Ontario

For more information please see www.cagacg.ca

## CANADIAN CONFERENCE ON ELDER LAW "AGING CITIZENS, EVOLVING PRACTICES"

November 13th - 15th 2008

Vancouver, British Columbia

For more information please visit www.ccels.ca

#### 15TH NATIONAL CONFERENCE ON GERONTOLOGICAL NURSING "MAKING MOMENTS MATTER"

May 27th - 30th 2009

Banff Conference Centre, Banff Alberta

For the Call for Abstracts and list of Keynote Speakers see www.cgna.net

Have a conference or event you want to promote? Email Kim with the details to be included in the CCSMH newsletter!

kwilson@baycrest.org

WWW.CCSMH.CA