



## REGISTRATION NOW OPEN

Canadian Coalition for Seniors' Mental Health 4th National Conference



### Connecting Research & Education to Care in Seniors' Mental Health

September 27&28, 2010, Westin Nova Scotian, Halifax

#### Benchmarks can help build the ideal continuum of care

It is estimated that 1 in 5 persons aged over 65 years has a mental health disorder (Jeste et al., 1999). As the proportion of older adults in the Canadian population is projected to increase sharply in the decades to come (Stats Canada 2005), the need for mental health services will continue to increase.

In their cutting-edge keynote **Launch of the 2010 Guidelines for Comprehensive Services for Elderly Persons Living with Mental Health Problems and Illnesses**. Dr. Marie-France Rivard and Dr. Penny MacCourt will reveal key findings and benchmarks for the planning of clinical mental health services for older adults in Canada.

Join Drs. Rivard and MacCourt to get an inside look at how this major reference document will help guide the way mental health care planners, service providers, workers, and advocacy groups promote best practices and continuous service improvements across the continuum of care.

#### SPECIAL EARLY-BIRD DISCOUNTS ARE AVAILABLE UNTIL JUNE 30

Team rates and special discounts on travel and accommodations are also available. Register now and save  
<http://www.ccsmh-events.ca/register.html>

#### Why should you attend?

Quite simply, this conference provides a unique opportunity to meet with people from across disciplines to focus **specifically** on seniors' mental health. As the population ages, anyone who works with older adults must increase their knowledge about the issues and expand their resource network so that they can improve care.

#### Here's what people have said about past CCSMH conferences

*"CCSMH provides us with an "inclusive approach" to meeting the challenges of seniors' mental health. Thanks!"*

#### Thank you to all CCSMH Conference Sponsors:

- Canadian Dementia Knowledge Translation Network
- Geriatric Medicine Research Unit

If you're looking for a way to connect with decision makers and influencers in the fields of seniors' mental health, look no further. Sponsorship of CCSMH 4<sup>th</sup> National Conference offers the immediate impact and high profile you want. For more information, contact Kim Wilson, Executive Director at 416-785-2500 ext. 6331 or [kwilson@baycrest.org](mailto:kwilson@baycrest.org).





# Updates from the Executive Director

Dear CCSMH Members,

I hope you've had time to look at our website ([www.ccsmhevents.ca](http://www.ccsmhevents.ca)) for all the exciting updates about our upcoming conference. We've got all the information available about keynote speakers, workshops, and special events available online! This is a must-attend event and we hope you take advantage of our early birding pricing and register before June 30th 2010.

You should have received an e-blast from me recently announcing our two new clinician pocket tools:

- NEW - Clinician Pocket Card Delirium: Assessment and Treatment for Older Adults. Visit **[CCSMH Tools for Healthcare Providers: Delirium](#)** for more information.
- NEW - Tool on Assessment & Treatment of Behavioural Symptoms of Older Adults Living in Long Term Care Facilities (clinician pocket card). Visit **[CCSMH Tools for Healthcare Providers: Mental Health Issues in Long Term Care](#)** for more information.

We're also still working towards our project on establishing mental health benchmarks for services for seniors and looking for examples of practice / services that are working well to meet the needs of seniors with mental illnesses. Please see the spotlight box below!

To ensure the success of this project WE NEED YOUR HELP!! We're looking to include examples of programs / services that currently serve seniors with mental health problems. If you have a program or service that is innovative and you'd like to highlight please email me ([kwilson@baycrest.org](mailto:kwilson@baycrest.org)) a 1/2 page description including:

- who the target population is for the program / service
- the goal of the program / services
- a description of how the model / program / services is delivered
- any evaluation data (if an evaluation has been conducted on the service)

We've got lots of news from our partners and collaborators in the next two pages including a request for proposals from the Mental Health Commission of Canada, so be sure to read through the rest of our newsletter.

Hope you're enjoying Spring! As always, I appreciate your support!

*Kim Wilson*





## New & Noteworthy!

### News from our members

#### Mental Health Commission of Canada Request for Proposals: Seniors Anti-Stigma Project

The Seniors Advisory Committee of the Mental Health Commission of Canada currently is accepting proposals for an anti-stigma project. The project will focus on the development and evaluation of strategies to support health professionals and students in addressing stigma experienced by older adults living with a mental health problem or illness.

The successful proponent will work in consultation with the Seniors Anti-Stigma Project Committee.

Full details can be found at:

<http://www.mentalhealthcommission.ca/English/Pages/ResearchContractOpportunities.aspx>



#### The Canadian Association for Suicide Prevention is looking for your input and feedback!

Please visit <http://www.surveymonkey.com/s/2R88RLV> and support the strategic planning process for CASP!



The Canadian Dementia Resource and Knowledge Exchange (CDRAKE) is a free, virtual network that brings together the best and brightest in dementia care to:

- Support the learning needs of people seeking practice change
- Facilitate quick and easy access to the best knowledge for continuous quality improvement
- Stimulate, support and share innovations
- Build and strengthen collaborative partnerships between stakeholders
- Foster direct links between knowledge users and producers

#### WHY JOIN

As a member of CDRAKE you will be:

- Connected to upcoming online or in-person opportunities for knowledge exchange, innovations in dementia care and links to stakeholders
- Invited to join topic-specific national Communities of Practice where you can connect with people who share a common passion
- Offered ways to showcase your leadership and advancements related to dementia care
- Networked with thousands of other knowledgeable care providers, researcher, educators and policy makers working in the field of dementia care

#### HOW TO JOIN:

To get connected with dementia innovation across Canada, sign-up at:

<http://eepurl.com/h8Qy>





## Upcoming Events & Opportunities

### Canadian Association on Gerontology 2010 Annual ASEM

Join the CAG in Montreal – Call for Abstracts Extended!

The deadline to submit abstracts to the Canadian Association on Gerontology 39th Annual Scientific & Educational Meeting, December 2 – 4, 2010, in Montréal, Québec has been extended!

Take advantage of the extra time and submit your abstract by May 31, 2010.

Please visit us at

[http://www.cagacg.ca/conferences/callforabstracts/index\\_e.php](http://www.cagacg.ca/conferences/callforabstracts/index_e.php)

to view the Call for Abstracts and Student Posters as well as the 2010 Sponsorship and Exhibitor prospectus.

### The Centre for Education and Research on Aging and Health

is proud to announce the upcoming Palliative Care Conference

### Passport to Palliative Care: Journeys and Destinations

November 3-5th, 2010.

Stay tuned for more conference information!

For more information, contact Jessica Wyatt at [jlwyatt@lakeheadu.ca](mailto:jlwyatt@lakeheadu.ca)

### National Conference on Mental Health:

### Thriving in 2010

October 21 – 23rd 2010

London, Ontario

[www.thrivingin2010.ca](http://www.thrivingin2010.ca)

### Long Term Care & Continuing Care Association of Manitoba

PRESENTS:

### “I’m Still Here” LIVE ACTION PLAY

A Reflective Journey on Dementia using Research-Based Drama

### AT UPCOMING CONFERENCE

Tuesday, May 18, 2010

2:30pm – 4:30pm Victoria Inn, 1808

Wellington Ave (by the airport)

\$20 (cash only)

Tickets at the door (limited seating)

For more information visit

[www.ltcam.mb.ca](http://www.ltcam.mb.ca)

or phone: 477-9888

### “I’m Still Here” Live Play

Presented by Sherry L. Dupuis, Ph.D., the Murray Alzheimer Research and Education Program (MAREP) at the University of Waterloo and the Actors of ACT II Studio.

