



F A L L 2 0 0 8 E D I T I O N

Canadian Coalition for Seniors' Mental Health

CONNECTING PEOPLE IDEAS AND RESOURCES

www.ccsmh.ca

CCSMH Conference Highlights: September 3rd & 4th 2008, Vancouver, B.C.



What an exciting two days! Thank you to everyone who joined us in Vancouver! For the first time, the CCSMH co-hosted a National Conference with the

Canadian Academy of Geriatric Psychiatry (CAGP) and it was a wonderful success! With over 200 participants the event was sold out! Many thanks to Sherri Helsdingen, Dr. Martha Donnelly and the TO Corp Staff for making the event so memorable!

Highlights of the CCSMH included keynote addresses from Dr. Marie-France Rivard and Dr. Gillian Mulvale on the future of geriatric mental health and the work of the Mental Health Commission of Canada.

Conference participants were treated to an afternoon of workshops focused the implementation of the CCSMH National Guidelines pilot projects.

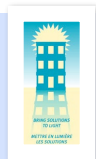
Highlights included:

- * The first public viewing of the CSMH Suicide Prevention video
- * An educational module on depression assessment and treatment
- * Sharing of the CCSMH new tools for depression assessment and treatment and assessment of suicide risk.
- * Information on implementation in Long Term Care Homes.

The day ended with a delicious dessert reception and entertainment from "the Gentlemen of Fortune."

Power point presentations are available online at www.ccsmh.ca and a full conference report will be published soon in *Aging Health*.





Updates from the Executive Director

It's hard to believe that it's almost October! The summer flew by in the CCSMH office while preparing for the CCSMH / CAGP Conference. We're thrilled with the feedback we've had about the event! In fact, here's what some of our attendees said the conference:

- *"The CCSMH provides us with an 'inclusive approach' to meeting the challenges of seniors' mental health. Thanks!"*
- *"This conference provided an opportunity for networking; validation of the growing importance of seniors' mental health work as a speciality, and a forum for sharing information and challenges."*
- *"The CCSMH and its conference provides a generally rare opportunity to bring together individuals from across disciplines interested in seniors."*

Look for a full conference report to be published soon in the journal *Aging Health*.

Since the conference we've been busy catching up on our projects and participating in meetings and events including the International Federation on Aging conference and the Mental Health Commission of Canada consensus meeting for the anti-stigma / anti-discrimination strategy.

We're also thrilled to announce that the CCSMH National Guidelines for Seniors' Mental Health are now available in both official languages. Download your copy of the guidelines for FREE in [English](#) or [French](#). Please forward this newsletter to francophone practitioners, administrators, policy makers, educational and professional bodies, consumers & caregivers in the fields of seniors' mental health so they can access these important resources in the language of their choice.

As well, on September 23rd 2008 a report was released by the Canadian Institute for Health Information (CIHI) on what makes a communities mentally healthy. The CCSMH was commissioned to contribute to the report by writing a paper on communities that are mentally health for seniors. The full report "*Mentally Healthy Communities: A Collection of Papers*" is available at www.cihi.ca/cphi.

September also marked the closing of the Older Persons Mental Health and Addictions Network of Ontario. (OPMHAN). We are sad to see doors of OPMHAN close but congratulate them for all of the wonderful work they did for seniors in Ontario. We will continue to keep the excellent OPMHAN resources on our website. We wish Randi, Krysha and Margaret all the best in their future ventures.

Keep checking the CCSMH website (www.ccsmh.ca) for updates on our pilot projects and to access all of the newest tools we produce. Congratulations also go out to Dr. Marnin Heisel and Dr. Sharon Moore and their team who will be awarded the Betty Havens Award for Knowledge Translation in October for their work on the CCSMH Suicide Prevention toolkit! We're so very proud of them and thrilled to have them collaborating so closely with the CCSMH.

That's all for now! More updates to come in the next edition of the CCSMH newsletter.



CANADIAN COALITION FOR SENIORS' MENTAL HEALTH

To promote seniors' mental health by connecting people, ideas and resources

COALITION CANADIENNE POUR LA SANTÉ MENTALE DES PERSONNES ÂGÉES

Promouvoir la santé mentale des personnes âgées en reliant les personnes, les idées et les ressources

2008 Federal Election

Canadians are hitting the polls on Tuesday October 14th 2008.

Make your voice be heard!

What issues are important to you? How will our new government work for seniors'? What will be done to support the work of the Mental Health Commission of Canada? Three of the major parties have released their 2008 Platforms - we urge you take a look and see how seniors' and mental health issues are portrayed.

<http://www.conservative.ca/EN/4739/> (key issues - platform not yet released)

http://www.greenparty.ca/files/Looking_Foward.pdf?q=platform.pdf

http://www.liberal.ca/pdf/platform/2008lp_action_plan_e.pdf

http://www.ndp.ca/xfer/campaign2008/Platform_2008_EN.pdf

October 5th - 11th 2008

Mental Illness Awareness Week (MIAW)



Visit www.miaaw.ca for more information.

As a member of CAMIMH (the Canadian Alliance on Mental Illness and Mental Health), the host organization of MIAW, the CCSMH will be attending the 2008 MIAW Gala dinner in Ottawa on October 7th.



UPCOMING EVENTS 2008

4TH ANNUAL PSW CONFERENCE

October 15th, 2008

Holiday Inn, Markham, Ontario

For conference details contact Meagan Whitehorn at 905-477-4006 ext. 2084

BAYCREST 8TH ANNUAL KUNIN-LUNENFELD APPLIED RESEARCH UNIT CONFERENCE: CONNECTING RESEARCH AND CLINICAL CARE: IMPROVING SAFETY IN LONG-TERM CARE SETTINGS

October 17th, 2008

Holiday Inn Yorkdale, Toronto, Ontario

For conference details please visit www.klaru-baycrest.on.ca

CANADIAN CONFERENCE ON ELDER LAW “AGING CITIZENS, EVOLVING PRACTICES”

November 13th - 15th 2008

Vancouver, British Columbia

For more information please visit www.ccels.ca

CANADIAN ASSOCIATION ON GERONTOLOGY 37TH ANNUAL SCIENTIFIC AND EDUCATIONAL MEETING

October 23rd - 26th, 2008

Hilton London, London, Ontario

For more information please see www.cagacg.ca

FIRST NATIONS AND INUIT SUICIDE PREVENTION ASSOCIATION “DIALOGUE FOR LIFE IV: SUICIDE PREVENTION CONFERENCE”

December 2nd - 4th 2008

Hotel Delta Montreal, Montreal, Quebec

For conference details please visit www.dialogue-for-life.com

Have a conference or event you want to promote? Email Kim with the details to be included in the CCSMH newsletter!

kwilson@baycrest.org

WWW.CCSMH.CA



UPCOMING EVENTS 2009



ALZHEIMER SOCIETY OF MANITOBA PARTNERS IN CARE UNLIMITED POSSIBILITIES

March 9th & 10th, 2009

Canad Inns Polo Park, Winnipeg, Manitoba

For conference details visit www.alzheimer.mb.ca/professional.html

2009 COLLABORATIVE MENTAL HEALTH CARE CONFERENCE

May 28th - 30th, 2009

Hamilton, Ontario

For more information please visit www.shared-care.ca

15TH NATIONAL CONFERENCE ON GERONTOLOGICAL NURSING “MAKING MOMENTS MATTER”

May 27th - 30th 2009

Banff Conference Centre, Banff Alberta

For the Call for Abstracts and list of Keynote Speakers see www.cgna.net

19TH INTERNATIONAL ASSOCIATION OF GERONTOLOGY & GERIATRICS WORLD CONGRESS

July 5th - 9th, 2009

Paris, France

For the conference details visit www.gerontologyparis2009.com

Have a conference or event you want to promote? Email Kim with the details to be included in the CCSMH newsletter!

kwilson@baycrest.org

WWW.CCSMH.CA