

| Module Topics  | Module Learning Objectives   |
|--|--|
| <b>The reality of cannabis use in older adults</b>   | <ul style="list-style-type: none"> <li>Describe the reality of cannabis use in older adults</li> <li>Appreciate the impact of stigma and bias surrounding cannabis use in older adults</li> <li>List credible sources of cannabis information</li> </ul>   |
| <b>The history of cannabis and the current status of Canadian cannabis legalization and policies</b><br><br><b>Regulations, Provincial/Territorial Guidelines and Medico-legal considerations for Clinicians</b> | <ul style="list-style-type: none"> <li>Describe the history of cannabis around the globe</li> <li>Summarize the history and current status of medical and non-medical cannabis legalization/policies in Canada</li> <li>Identify key regulations and guidelines that govern the authorization, possession, and administration of cannabis for healthcare providers (federally, and as per professional regulatory bodies).</li> </ul>  |
| <b>Cannabis and cannabinoid neuropharmacology and drug interactions</b>  | <ul style="list-style-type: none"> <li>Identify the components and actions of the cannabis and cannabinoid receptor system</li> <li>Integrate knowledge of cannabis and cannabinoid neuropharmacology to enhance patient safety and improve care recommendations for older adults</li> <li>Identify how to mitigate potential drug interactions involving cannabis/cannabinoids and other medications and substances for older adults</li> </ul>   |
| <b>Cannabis plant science, cannabinoids, and difficulties in cannabis research</b>   | <ul style="list-style-type: none"> <li>Identify therapeutically relevant components of the cannabis plant</li> <li>Describe major and key minor cannabinoids and their effects</li> <li>Review primary factors contributing to the difficulty of cannabis and cannabinoid research</li> </ul>  |
| <b>Evidence for Cannabis as Treatment</b>  | <ul style="list-style-type: none"> <li>Use evidence-informed and anecdotal information to ascertain when cannabis and cannabinoid use may be appropriate for older patients</li> </ul>   |
| <b>Pharmaceutical Cannabinoids, Modes of cannabis use, Dosing and Accessing Cannabis</b>   | <ul style="list-style-type: none"> <li>Recognize the Indications, Dosing, Contraindications, Precautions, Drug Interactions and Adverse effects of pharmaceutical cannabinoids</li> <li>Identify cannabis modes of use most appropriate for older adults</li> <li>Apply the LIVE approach to cannabis dosing and titration</li> <li>Advise older adult patients on how to access cannabis</li> </ul>   |
| <b>Adverse Effects &amp; Special Considerations for Safety</b><br><br><b>Safer Cannabis Use, Harm Reduction and Cannabis Use Disorder</b>  | <ul style="list-style-type: none"> <li>Identify potential short and long term adverse effects of cannabis use</li> <li>Consider special considerations regarding safety of cannabis use dependant on your older patient's lifestyle</li> <li>Recognize strategies for safer cannabis consumption for your older patients</li> <li>Describe the evidence supporting cannabis use for harm reduction</li> <li>Recognize the recommendation outlined in the Cannabis Use Disorder Guidelines</li> </ul> |
| <b>Collaborative, patient-centered care and communication strategies</b>   | <ul style="list-style-type: none"> <li>Identify who is in your patient's circle of care</li> <li>List strategies that optimize communication with older adults</li> <li>Reflect on how you establish a patient-centred and effective patient encounter when discussing cannabis with your older patients</li> </ul>  |
| <b>Developing A Treatment Plan and Case studies</b>  | <ul style="list-style-type: none"> <li>Assessing the Appropriateness of Cannabis</li> <li>Developing the Treatment Plan</li> <li>Practice Assessing: Case Studies</li> </ul>   |