Accessing Cannabis

Cannabis and Older Adults Toolkit

At a pharmacy with a prescription (nabilone and nabiximols)

By registering and purchasing with a licensed producer (with a Medical Document)

5 ways to access cannabis* in Canada

At a licensed retail outlet or online store

Through an unregulated, unlicensed retailer or dealer (not recommended)

By producing your own or designating someone to produce for you



What are the benefits of purchasing cannabis from a licensed producer or seller?

- Quality-controlled cannabis
- Cannabis is available (with delivery options) in all provinces and territories
- Access to specialized medical cannabis products that cannot be found through the non-medical cannabis market may be available

The Medical Document



A Medical Document is required in order to purchase cannabis from a licensed producer or seller. A Doctor or Nurse Practitioner must complete the Medical Document for you.

The Medical Document may:

- Reduce stigma associated with taking cannabis
- Be required by some employers or property owners
- Be used to claim health insurance and tax benefits
- Allow for compassionate pricing
- Offer access to a wider range of products
- Allow you to take cannabis in public spaces (where authorized)

*The term cannabis refers to all modes of cannabis including prescription cannabinoids.



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When purchasing cannabis from a licensed producer or seller look for the following:



Cannabis packaging regulations make **health warnings** prominent. Standardized labelling for regulated cannabis provides consumers with the information they need to make informed decisions.

Watch for these warning signs of unlicensed sellers:

- The retail store or website is poorly designed and unprofessional
- Claims that cannabis products can be shipped anywhere in Canada. Current Canadian law states that licensed sellers may not mail cannabis across provincial/territorial boundaries
- The return policies or privacy policies are either unclear or not stated
- The website is missing contact information (e.g. phone number, email, address)
- The email address is generic (i.e. gmail, yahoo, hotmail)
- The prices are low
- Requests that payments be made by e-transfer or cryptocurrency



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