

Exploring the



**Behaviours in
Dementia
Toolkit**

Practical & Evidence Informed



10

**Helpful
Resources**
to support
Indigenous Peoples
living with dementia.

Memory loss is often considered natural and normal within Indigenous worldviews on aging. These views, experienced alongside long-term health disparities and inequities, may result in delayed access to health and social services that can support Indigenous Peoples to live well with dementia.

Knowledge Keepers, care providers and researchers are beginning to work together to create culturally appropriate and safe care resources for Indigenous Peoples impacted by dementia in Canada.

Click on the links below to explore a few of these tools and find even more by searching the Toolkit.

Supporting individuals

[PIECES of My Relationships: A Quick Guide to Approach Indigenous Cognition & Aging Awareness Research Exchange](#)

Practical tips to consider when providing support to an Indigenous person living with dementia.

[The Story is Mine](#)

Alzheimer Society of Nova Scotia

A booklet template to help a person living with dementia record and share information about their preferences and needs.

[Honoring Our Spirits: Engaging Our Loved Ones](#)

Anishinaabek Dementia Care

An Indigenous focused resource list of books, videos and movies helpful to maintain communication and engagement with Elders.

[What to Expect After a Diagnosis of Dementia: An Indigenous Persons' Guide](#)

Indigenous Cognition & Aging Awareness Research Exchange

An Indigenous person's guide to help you and your family understand your dementia diagnosis and the path ahead.

[Caring for Yourself and Your Loved One While Living with Dementia](#)

Native Women's Association of Canada

Practical tips to support the physical, mental, emotional and spiritual health of care partners.



“ There is no word that has been identified to mean dementia in Indigenous languages in Canada. Instead, First Nations languages have words that describe the symptoms or state of mind.

Native Women's Association of Canada



Improving care systems

Addressing Dementia Related Stigma with Indigenous Specific Strategies

Native Women's Association of Canada

Indigenous tips and strategies to reduce stigma and discrimination and increase support for people with dementia.

Aging with Dementia

Engaging Providers in Indigenous Communities

Video presentation focusing on cultural safety and trauma-informed care strategies to enhance dementia care informed by caregivers from Anishinaabek communities.

Wandering

International Association for Indigenous Aging

Searches for missing Elders entail a critical first-24-hour time period, after which survival probability drops to 50%. Project summary provides lessons learned to prevent wandering.

Overcoming Barriers to Culturally Safe and Appropriate Dementia Care Services for Indigenous Peoples in Canada

National Collaborating Centre for Indigenous Health

Summary of the challenges faced by Indigenous Peoples in Canada in accessing culturally safe and appropriate dementia care and ideas about how to overcome these challenges.

Dementia Care for Indigenous Peoples

Laurentian University

Created for those who work in care homes, this video introduces Indigenous perspectives on care for individuals and families who have been impacted by dementia.



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Free online library for health care providers, care partners & families supporting people experiencing behaviours in dementia.

www.BehavioursInDementia.ca

